



Preparing for Adulthood (PfA)

Our comprehensive Preparing for Adulthood (PfA) Curriculum and Handbook provides a coherent, high-quality framework that equips schools to deliver a meaningful, ambitious and fully compliant PfA programme.

Designed with the needs of learners at its heart, the handbook demonstrates:

- Clear curriculum intent
- Strong SEND pedagogy
- Explicit implementation guidance
- Assessment and impact measures
- Full Preparing for Adulthood integration
- RSHE 2026 compliance
- KCSIE 2026 alignment
- Protected characteristics mapping
- Women's health progression
- Careers education and Gatsby Benchmark integration
- Coverage of emerging digital risks
- Quality-assured teaching resources
- A clear line of sight from Year 7 through to Year 11 and beyond into adulthood

Built around core areas, and explicit 'Big Questions' in Key Stage 4, the handbook provides information with regard the key areas below. These are:

What are pupils learning?

We demonstrate curriculum intent and progression through:

- The Curriculum map
- Integrating the PfA (NDTi) progression model
- Compliance matrices within the Handbook
- Explicit protected characteristics coverage

How do pupils access the curriculum?

Our framework outlines a robust approach to inclusive practice through:

- SEND pedagogy framework
- Adaptive teaching strategies
- Communication framework
- AAC guidance
- Sensory-informed practice
- Clear expectations

How do we know it works?

Impact is demonstrated through a comprehensive evaluation framework, including:

- Assessment systems
- Destination outcomes
- EHCP links and discussions with parents/carers at annual review and parents' evenings
- Preparing for Adulthood outcomes
- Support from the academy's Careers Adviser

Supporting Meaningful Outcomes:

More than a compliance document, the PfA Curriculum and Handbook provides a practical roadmap for helping young people develop the knowledge, skills and confidence they need to thrive in adult life. By connecting curriculum intent, inclusive delivery and measurable outcomes, it enables schools to evidence both the quality and impact of their provision while maintaining a relentless focus on successful preparation for adulthood.